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| Title | **Demonstrate knowledge of the effects of alcohol and other drugs on self** | | |
| Level | **1** | **Credits** | **3** |

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| Purpose | People credited with this unit standard are able to demonstrate knowledge of the effects of alcohol and other drugs on self. |

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| Classification | Core Generic > Self-Management |

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| Available grade | Achieved |

**Guidance Information**

1 All concerned with the teaching/learning and assessment relating to this unit standard need to be aware of, and respect, any issues of privacy and confidentiality. Such issues must be treated with care, recognising that use of alcohol and other drugs can be a sensitive issue.

2Definition

*Other drugs* may include depressants, stimulants, and hallucinogens.

3 The following legislation and subsequent amendments provide reference, where needed, for this unit standard:

Misuse of Drugs Act 1975

Psychoactive Substances Act 2013

Sale and Supply of Alcohol Act 2012.

**Outcomes and performance criteria**

**Outcome 1**

Demonstrate knowledge of the effects of alcohol and other drugs on self.

**Performance criteria**

1.1 Alcohol and other drugs are described in terms of their physical and emotional effects.

1.2 Signs which would indicate unsafe use of alcohol and other drugs are described in terms of own health and work or study.

1.3 Three sources that assist with drug and/or alcohol advice are identified by name, location, and service(s) provided.

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| Planned review date | 31 December 2027 |

**Status information and last date for assessment for superseded versions**

| Process | Version | Date | Last Date for Assessment |
| --- | --- | --- | --- |
| Registration | 1 | 21 June 1993 | 31 December 2015 |
| Review | 2 | 4 October 1995 | 31 December 2015 |
| Revision | 3 | 18 March 1998 | 31 December 2015 |
| Revision | 4 | 12 October 1999 | 31 December 2015 |
| Review | 5 | 26 September 2001 | 31 December 2015 |
| Revision | 6 | 12 September 2002 | 31 December 2015 |
| Review | 7 | 16 July 2010 | 31 December 2017 |
| Review | 8 | 18 June 2015 | 31 December 2019 |
| Review | 9 | 25 January 2018 | N/A |
| Review | 10 |  | N/A |

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| --- | --- |
| Consent and Moderation Requirements (CMR) reference | 0113 |

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact NZQA National Qualifications Services [nqs@nzqa.govt.nz](mailto:nqs@nzqa.govt.nz) if you wish to suggest changes to the content of this unit standard.