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| Title | **Describe memory processes and demonstrate a memory technique** | | |
| Level | **2** | **Credits** | **2** |

Recommended for expiry due to low/declining usage and no discernable interest in future use.

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| Purpose | People credited with this unit standard are able to describe memory processes and demonstrate a short-term or long-term memory technique. |

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| Classification | Core Generic > Work and Study Skills |

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| Available grade | Achieved |

**Guidance Information**

None.

**Outcomes and performance criteria**

**Outcome 1**

Describe memory processes.

**Performance criteria**

1.1 Receiving, storing, recalling, and transferring information are described in terms of short-term and long-term memory processes.

1.2 Techniques for memorising information are described in terms of how they support retention of information.

Range two visual techniques, two auditory techniques, two kinaesthetic techniques.

**Outcome 2**

Demonstrate a short-term or long-term memory technique.

**Performance criteria**

2.1 Own preferred memory technique is identified and reasons are given for choice.

Range any one of – visual, auditory, kinaesthetic.

* 1. Technique for memorising ten items is applied, tested and recall success rate is recorded.

2.3 Suggestions for improving the memory technique are described.

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| Planned review date | 31 December 2022 |

**Status information and last date for assessment for superseded versions**

| Process | Version | Date | Last Date for Assessment |
| --- | --- | --- | --- |
| Registration | 1 | 22 May 1996 | 31 December 2015 |
| Revision | 2 | 27 March 1998 | 31 December 2015 |
| Review | 3 | 26 September 2001 | 31 December 2015 |
| Review | 4 | 16 July 2010 | 31 December 2019 |
| Rollover | 5 | 18 June 2015 | 31 December 2019 |
| Review | 6 | 25 January 2018 | N/A |

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| Consent and Moderation Requirements (CMR) reference | 0113 |

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact NZQA National Qualifications Services [nqs@nzqa.govt.nz](mailto:nqs@nzqa.govt.nz) if you wish to suggest changes to the content of this unit standard.