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| Title | **Explain the impact of alcohol and other drugs on wellbeing/hauora** | | |
| Level | **2** | **Credits** | **4** |

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| Purpose | People credited with this unit standard are able to explain the impact of alcohol and other drugs on wellbeing/hauora |

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| Classification | Core Generic > Self-Management |

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| Available grade | Achieved |

**Guidance Information**

1 All concerned with the teaching/learning and assessment relating to this unit standard need to be aware of, and respect, any issues of privacy and confidentiality. Such issues must be treated with care, recognising that use of alcohol and other drugs can be a sensitive issue.

2Definitions

*Wellbeing/hauora* includes physical, mental, emotional, social and spiritual perspectives.  
*Other drugs* may include but are not limited to depressants, stimulants, and hallucinogens.

3 The following legislation and subsequent amendments provide reference, where needed, for this unit standard:

Misuse of Drugs Act 1975

Psychoactive Substances Act 2013

Sale and Supply of Alcohol Act 2012.

**Outcomes and performance criteria**

**Outcome 1**

Explain the impact of alcohol and other drugs on wellbeing/hauora.

**Performance criteria**

1.1 Alcohol and other drugs are explained in terms of wellbeing/hauora including interpersonal effects in both the short and long term.

1.2 Alcohol and other drugs are explained in terms of the legal implications of their possession, distribution, and use.

1.3 Signs which would indicate unsafe use of alcohol and other drugs are explained in terms of health, work or study, and relationships.

1.4 Strategies to manage use of alcohol and other drugs are described.

1.5 Three sources for drug and/or alcohol assistance are compared for levels of support.

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| Planned review date | 31 December 2027 |

**Status information and last date for assessment for superseded versions**

| Process | Version | Date | Last Date for Assessment |
| --- | --- | --- | --- |
| Registration | 1 |  | N/A |

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| Consent and Moderation Requirements (CMR) reference | 0113 |

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact NZQA National Qualifications Services [nqs@nzqa.govt.nz](mailto:nqs@nzqa.govt.nz) if you wish to suggest changes to the content of this unit standard.