

Assessment Specifications

Level 2 Health 2026

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General information

Domain:	Health Education
Standards:	91235, 91238
Assessment method:	Examination, end of year
Assessment medium:	Online digital examination

[Health subject page](#)

[National secondary examinations timetable](#)

Information relating to all achievement standards

Candidates should be familiar with the underlying concepts of health (hauora, socio-ecological perspective, health promotion, and attitudes and values) and be able to apply these to an unfamiliar context(s), which may be considered sensitive.

Candidates are required to use specific and relevant evidence to support their analysis. An analysis requires the explanation of influences, consequences, and strategies.

Teaching and learning should focus on the knowledge of adolescent health issues and how the underlying concepts of health can be applied to any given context. Candidate responses should provide evidence of their knowledge from their own course of study. Candidates should focus on the quality of their responses rather than the length. Further information about digital external assessment can be found on the NZQA website.

[Digital external assessment](#)

Resources or information supplied

A separate resource booklet will be provided for each achievement standard. The question and answer booklets will include planning pages. Information in planning spaces will not be marked.

Special assessment conditions

Refer to the NZQA website for further information:

[Aromatawai special assessment conditions](#)

Specific information for individual achievement standards

Standard:	91235
Title:	Analyse an adolescent health issue
Version:	2
Number of credits:	5

Candidates are expected to use the material provided in the resource booklet and may link this material to knowledge gained during their course of study. Refer to the [Explanatory Notes of the standard](#).

Standard:	91238
Title:	Analyse an interpersonal issue(s) that places personal safety at risk
Version:	2
Number of credits:	5

Candidates are expected to use the material provided in the resource booklet and may link this material to knowledge gained during their course of study. Refer to the [Explanatory Notes of the standard](#).