

## Assessment Specifications

# Level 2 Home Economics 2026

Published in October 2025

## General information

<b>Domain:</b>	Home Economics
<b>Standards:</b>	91300, 91304
<b>Assessment method:</b>	Examination, end of year
<b>Assessment medium:</b>	Online digital examination

[Home Economics subject page](#)

[National secondary examinations timetable](#)

## Information relating to all achievement standards

Candidates will be required to explore topics from a socio-ecological perspective, and to apply the concepts of hauora / well-being.

Planning spaces will not be marked.

Further information about digital external assessment can be found on the NZQA website.

[Digital external assessment](#)

## Specific information for individual achievement standards

<b>Standard:</b>	91300
<b>Title:</b>	Analyse the relationship between well-being, food choices and determinants of health
<b>Version:</b>	2
<b>Number of credits:</b>	4

The question and its parts will relate to a scenario provided. The question will require candidates to discuss all dimensions of well-being as stated in the New Zealand Curriculum and to apply the same to the given scenario.

Candidates will be expected to refer to THREE of the following determinants of health, which are relevant to the given scenario:

- access to healthy foods
- education and literacy
- pregnancy and early childhood
- social gradient
- social support
- stress.

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<b>Standard:</b>	91304
<b>Title:</b>	Evaluate health promoting strategies designed to address a nutritional need
<b>Version:</b>	2
<b>Number of credits:</b>	4

Candidates will understand health promotion strategies and what makes them effective, as well as nutritional needs in general (how to maintain a body's healthy state).

The resources provided will include examples relevant to the task.