

Assessment Specifications

Scholarship Psychology 2026

Published in October 2025

General information

Performance Standard:	93405
Assessment method:	Examination, end of year
Assessment medium:	Online digital examination

[Scholarship Psychology subject page](#)

[National secondary examinations timetable](#)

Format of the assessment

Candidates will be required to answer three questions. All questions will relate to the specified context below. Questions may require candidates to refer to provided resources. An in-depth understanding of the psychology related to the specified context is expected.

Questions will examine the candidates' ability to:

- Critique research methods in the specified context
- Develop solutions to a given issue using psychological approaches, within the specified context
- Critique debates that are prevalent within the specified context.

Further information about digital external assessment can be found on the NZQA website:

[Digital external assessment](#)

Content/context details

In 2026, questions will be asked within a variety of individual and group therapeutic contexts, some of which may be unfamiliar. Candidates are expected to have knowledge of **prevention, intervention and recovery**.

Resources or information supplied

A resource booklet will be supplied.

Special notes

The Psychology Performance Standard should be read in conjunction with these Assessment Specifications, and can be accessed through the Subject page on the NZQA website.

Special assessment conditions

Refer to the NZQA website for further information:

[Aromatawai special assessment conditions](#)