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The family expectations in the scenario that relate to male gender roles are that men should be the ones who work to support a family and should play physical sports like rugby. Sam's dad is a builder and Sam plays rugby. Men do these things because they are expected to be stronger and tougher than women, who are expected to stay at home to look after the family. Men are expected to bring home the main income to support the family and this pressure is being felt by Sam as he decides on a career. Sam is expected to follow his father's career, but he wants to go to university to study politics and he is not even thinking about having (and needing to support) a family yet. The expectations being shown in this family are stereotypical and make Sam fearful to tell his family about his study plans, as they are not what is expected of him. The influence on male teenagers in society [1] is that there are certain careers and sports that are suited to them; and that anything outside the norm is not as accepted. Females who live in a family who hold these attitudes may be influenced to believe that it is the woman's role to be the home carer, cleaner and cook, which may discourage her from following a career of her choosing, although this is more of an old-fashioned view.

Social justice is not being encouraged as Sam is unable to tell his family what he really wants to do, and it would be unfair if he were forced to take on a builder apprenticeship when he has a different career in mind.

Personal attitudes, values and beliefs related to sexual orientation can influence people's ideas about sexual identity. Harry knows that he is gay and is attracted to the same sex. Harry is, however, too scared to tell his family and friends because he feels ashamed of this. The sexual identity that he is portraying to other people is of a heterosexual, as he is seeing girls. His attitude towards same-sex attraction is that he should try to change how he feels because it is not the normal thing to do. Harry isn't into the whole fashion/beauty thing. He is more into sports, hanging out with friends and skateboarding. The belief that gay people are meant to like fashion and beauty comes from the media and culture, but this is confusing to Harry because he is not interested in this sort of thing. The belief within schools, family groups or friendships that homosexuality is wrong and is not accepted influences teenagers [2] like Harry to hide their true sexual identity and to also believe that homosexuality is something to be afraid of.

Social justice is not being encouraged because Harry has to hide his sexual orientation from those around him, knowing that he may not be accepted if he were to tell the truth. This is unfair as this would not be the case if he were heterosexual. This unfairness is also mentioned in the scenario "it is unfair that he has to come out as gay, no-one has to come out as heterosexual".

A societal strategy that can be used is to create a group of people in the community or at school that supports people of diverse sexual identities and orientations, as well as their friends and family. Some groups like this already exist in New Zealand, such as Rainbow Youth and gay-straight alliances in many high schools. Having groups like this can help with meeting people, developing understanding of difference, and providing support to those struggling with their sexual identity. This can make people feel comfortable and accepted, especially if family members take on board the support. This links to the social justice value of inclusiveness because young people who are gay or transgender will be treated more equally and will be more likely to be accepted for who they are.

An interpersonal strategy could be for the people who take part in the support groups to use the skills and knowledge that they have developed in their communication and relationships with others. They may become a support person for someone who is coming out, or be an advocate for being accepting of others, no matter what their sexuality. For example if someone is openly gay, instead of being nasty or not talking to them, someone could go sit next to them, talk to and get to know them. By doing this, people will develop a better understanding of each other and will accept others and treat them as equals.

A personal strategy that parents could use would be to accept their child for who they are, no matter what, and make sure they communicate with and encourage their child. This might first involve seeking support from a group such as Rainbow Youth, to learn more about sexual orientation and to make sure they are best able to support their child. Hopefully this will also challenge any negative attitudes that parents have towards homosexuality, which could change the way they view others around them. Having this support from their parents will help their child to feel wanted and accepted for who they are.