

Actions carried out to support 'Fundraising in the school community' are highlighted in bold in the student's response.

Student 2: High Merit
NZQA Intended for teacher use only

There were two classes involved, one took the adventure race and the class I was part of ran **the junior master chef**. The benefits of this were that we were **teaching the students that you can eat a burger, but it can be healthy at the same time**. We asked them **questions at the end about why we were doing this and the answers we were getting showed that they did learn something from this activity, which made us feel good, and made us feel that what we were teaching them was sinking in**. From this we know that when they make burgers at home they will hopefully be making healthy ones like the ones they made from the master chef. The **amazing race involved games** that made them really **think about healthy foods and we used vegetables** that some may have never heard of before, so we were teaching them **about new vegetables. We also told them about the benefits of having these foods and made them try the new vegetables they didn't know about**.

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From knowing that we can achieve our goal after the master chef and amazing race, we were in a **positive mind-set to go into the second day of teaching. This is because the children responded well to the activities and were willing to try and learn new things. We went out to the school and did tabloid sports and cooked them a healthy burger for lunch. The burger we cooked for them was the burger that one of the students made and won at the junior master chef. Having tabloid sports meant that they were doing exercise and having fun at the same time. And working in groups, gets them in team spirit and they learn how to be supportive and encourage each other**. I feel after this second day they had really learnt lots about nutrition and had come away knowing that they can make unhealthy things but make the healthy versions of them.

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Because of the **time frame, we were very limited within the activities** we could accomplish. We had originally decided to go hold a gala at the school involving a raffle, sports activities and the selling of our recipe book. But because **time was so limited, we came across many barriers that stopped us from doing everything we wanted. We also started to think about parents and how many of them work and would they be available to come. As parents are the ones that would be buying our things, if only a small amount of them turned up then we wouldn't have been able to achieve our goal of finding a new way for the school to fundraise with healthy foods. Another barrier that stopped us was would we have been able to have the recipe books ready in time to sell. As we had to collect the recipes from the students we then had to type them all up and format them into a recipe book and that took quite a lot of time**. However, we are still in the process of developing them, which means we will still have that on-going relationship and fundraising opportunity with the school. Timing was really the main barrier in all of this and I feel if we had more time we would have been able to do the gala and we would have made more profit for the school than we did. But I am so really happy at **how much money we made for them "A tidy profit was made, which will be put towards the purchase of new library books."** (From Principal's letter).

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Despite all our barriers, I was very amazed at how many other resources we had that made doing the master chef, amazing race, the lunch and the tabloid sports a huge success. As the little country school didn't have a **foods room like we had so we were able to invite them into our school and share our resources with them. I felt that lots of them really enjoyed that, as they would have never been able to do those kinds of things at their school. This really made them want to learn more about nutrition and healthy foods as they were very excited to be able to make their own burger**. We have a very **good connection with the school as Home**

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economics students have worked with the school for the last five years. This made it easier for us to contact them and arrange for us to do this. We knew that they had their own canteen where students are able to buy things. Things that they sold at their canteen included pizza, hot dogs, cookie's, and calcium drinks- flavoured, moosies and combo nibble packs. Because these are quick and easy foods that takes no time to prepare and they sell well because children love them, means that they are able to make quick profits that can help there school. This was hard, as we knew that they were making good profit from that so we had something hard to compete with.

Knowing that children would chose fatty unhealthy foods over healthy ones, that's why we thought the burger for lunch for the whole school was such a good idea as we made them healthy and all the children love burgers. However we did succeed as in the Principal's recent letter thanking us for coming, he said "Our parent group will now be looking seriously at replacing some of our existing canteen items with new, healthier options." Hearing things like that makes me feel very happy and proud that what we set out to do was achieved successfully and a positive outcome as well.

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We got all the senior primary students to bring in their favourite recipes as we wanted to make the recipe book with all their favourite recipes so that they can share with the school community who will be purchasing them. As children are influenced by what their friends are doing, hopefully they will see their friends' recipes that are nice and healthy and will make them want to cook them. It was also a fun and different way to make a profit and it makes the students feel more involved with the school's fundraising as all the recipes are all from them. There were many barriers and enablers to this recipe but now seeing how successful the 2 days were and how much money we raised for the school makes us feel positive about these books and I know we will be able to make even more profit.

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Now that we have achieved our goal, we still need to continue our connection and communication with the school so that we can make sure that they will continue doing healthy fundraisers. As we haven't finished making and selling the recipe books, that will be a good way for us to do this. Next time we do something like this, I feel that we need to make it more known throughout the community what we were up to so that other schools could be do what we are doing and help other people fundraise. Putting something in the paper about our plans and what our goal was and how we were going to achieve it would have been the ideal thing to do that. I think the more people involved the better.

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Should schools be responsible for fundraising? I believe that society expects too much from schools these days. People think that schools should be watching what their students are eating at school, however their job is to educate the students rather than feeding them. But then again healthy foods are known to also impact on learning so schools are trying to do their best. I think the government needs to step up and help back the schools efforts. They need to be providing more funding for schools for basic teaching and extra-curricular activities. I personally feel that fundraising should not take up valuable teaching time. They could also take the next step and try taxing junk food so that schools won't be able to buy as much junk food as they would. It's idealistic to expect parents to come into schools and help with fundraising as teachers wouldn't be able to do everything them self. However, many parents have no time to come in and help. Many are also solo parents with other children at home that need to be looked after during the day. That makes me think that maybe our hamburger idea was a bit unrealistic to think that the school will continue doing it if there is no parent involvement.

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