Jump cuts are cuts that break the continuity of time by 'jumping' forward from one part of action to another. (1) This technique in *Perks of Being a Wallflower* is extremely useful and helpful to the audience as it allows us into Charlie's mind. (2)

Throughout Charlie's break down there are many jump cuts cutting to the past of his Aunty and him beating up the bullies in the cafeteria then back to him in the present crying at his desk. (3) These jump cuts aid in filling in the holes from earlier in the film. (2)

Like when Charlie saw Patrick and Brad making out. Patrick said, 'It'll be our little secret'. It then cut to his Aunt saying, 'It'll be our little secret'. (3)

At the time it didn't seem to make a lot of sense but when we see the jump cut to what his Aunt did to him, we understand why it was such a big deal to just say, 'It'll be our little secret'. (4) This helps the audience understand better why he is so seriously messed up in the head and why he has such a big melt down after all his friends leave. (5)