

GUAG Report (get up and go)

Our aim was to successfully hold a multisport Tournament for two Year 9 classes during two of their periods. We choose this as our event as we thought it was a good idea to get everyone involved, get up, and get active. And also, to know a few ideas of the different variety of sports SP High has to offer all students who are interested in sports. In our multisport Tournament we choose the sports basketball, uni-hoc, netball and Soccer. *(Verbal by teacher Overall aim, to get everyone involved and for them to have fun.)*

Each of us was assigned a job to get done by a certain date so that by the due date we were organised and ready to do the Tournament. These were all noted into our planning booklets. For the event, we were then assigned a job on the day, where PP was the Ref, MH and I were the callers and AS and LP were score keeper. We weren't fussed on who got what as well agreed on everything together.

During the planning of the week's leading up to the day we would write every session on what we talk about such as the cost, venue, needed, etc., to hold the event. Before anything we wrote a letter of approval to Mrs NH so that we could actually get the event up and going as she had the first/last say, because we were waiting on other groups to get their letter in was had to wait a while before we could do anything else, and that was frustrating but eventually got them all in. **With KK we got approval and from there we got working. After being successful we then had another two letters to Mrs KT and Mrs MN as they were the teachers of the two Year 9 classes we wanted to take, they also agreed that our idea was good and allowed us to carry on with the event. My jobs were to type the letters out on the laptop, be the caller and to put all the equipment away.** Apart from that we got all our jobs that were allocated to us finished and waited for the day of the event. 3

On the day, we were expected two P.E classes to be there but with the interference of the sports exchange been held in the arena all day we had to stand down Mrs B's class and went with the Monday during our P.E session. With only one class there was still a lot of students who were happy to go ahead with, so we evenly sorted out the teams not just based on who they were best friends with by on their weak and strong player as some of us already knew a couple of girls. The girls were all enthusiastic and found that the Multisport was a good idea; we thought because we only had one class it wouldn't work as we hoped for but with a lot of their P.E class at school on the day the event ran smoothly. Half the time the students were really excited and made us feel joy so also felt the happy vibe given from them. One student decided she didn't want to get involved and sat out most of the period. So as a way to get this problem solved we approached her and asked her why she didn't want to get involved. **With minutes of trying to convince her to participate we thought of other way to get her involved by asking her if she wanted to be the score keeper, or ref the game with one of the girls or even be the caller but she declined all our offers** each of us approached her at different times so by the time we could get anything out of her the lesson was finished. **By using games such as soccer and netball everyone has played these so they didn't need to be shown how to play. I knew they enjoyed it because there was a lot of clapping and laughing a sign that the students were comfortable with us and were having fun even though they didn't** 2
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know us very well. We had a lot of feedback from the students as well, asking to have another tournament because they enjoyed it that much and we also gave them feedback and thanked us for letting us take them. We also gave them a bit of advice about taking P.E and that it is a great subject and does have a lot to offer.

There were pro and cons to our event, where we had to sadly tell Mrs BH we couldn't take her class for the tournament because of other school curriculum happening that day. We weren't all disappointed but I thought that it would have been good to get them involved as well. With our intended goal which was to get as many students to participate it didn't work out though. With great communication between us all we managed to run though all our responsibilities smoothly. All our actions were also well organised and there were no bad decisions made during our plan.

In conclusion, I believe we achieved our aim. We provided an event which everyone knew the rules to and how to play, and would think was fun. By using team games and the multisport set up everyone had to get involved so was getting active. With help of my group all balanced everything up and if I had the choice to hold this event again I would consider a more exciting twist to the sport that can be held for a longer period of time with the involvement of more year 9 students. And by this working, a more helpful source would be to hold it during a lunch time instead of one period so that both classes could get up, get active and get involved either than just one. Overall my group did excellent and hope that in the future other year 12 students could help our younger students and give them the opportunities that we have been given.

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