



<b>Defensive Skills (DS)</b>	<ul style="list-style-type: none"> <li>ability to use appropriate shots in different situations and can move to cover court area</li> <li>make good decisions on shot choice</li> <li>net lifts forehand/backhand</li> <li>net drops forehand/backhand</li> <li>backhand clear</li> <li>backhand drop</li> <li>short serve forehand/backhand</li> </ul>						<ul style="list-style-type: none"> <li>ability to use appropriate shots in different situations and can move to cover court area</li> <li>anticipates opponents return and uses a variation of placement to disadvantage opponent</li> </ul>	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√
<b>Footwork and movement off the shuttle (FMS)</b>	<ul style="list-style-type: none"> <li>positioning on court - gets into good position at the right moment</li> <li>body position and footwork appropriate</li> <li>racquet foot leads</li> </ul>						<ul style="list-style-type: none"> <li>positioning on court - gets into good position at the right moment</li> <li>body position and footwork appropriate</li> <li>racquet foot leads</li> <li>fitness level allows the positive, effective and consistent use of skills</li> <li>demonstrates chassé movement showing good balance</li> <li>transition – establishing new position on court (for example, attempts to get back to base after each shot)</li> </ul>	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√
<b>Teacher comments: OS.</b> You have made some excellent progress on your forehand clear and high serve, however your forehand smash and drop were not at excellence level. More drills for these skills would enhance your performance. However, in the last few matches, you certainly read the play well and could anticipate where your opponent would move to. <b>TP:</b> You proved to be very consistent in your tactical play, but at times you did not always necessarily play the right shot (could have used the smash and drop shot more. <b>FMS:</b> Good work throughout the unit on these drills, you still seem relaxed at times on the baseline when you should be more alert and on your toes ready for action.																															