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| Defensive Skills (DS) | <ul style="list-style-type: none"> ability to use appropriate shots in different situations and can move to cover court area make good decisions on shot choice net lifts forehand/backhand net drops forehand/backhand backhand clear backhand drop short serve forehand/backhand | <p style="text-align: center; border: 1px solid black; border-radius: 50%; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">1</p> | | ✓ | ✓ | ✓ | <ul style="list-style-type: none"> ability to use appropriate shots in different situations and can move to cover court area anticipates opponents return and uses a variation of placement to disadvantage opponent | | | | | <ul style="list-style-type: none"> ability to use appropriate shots in different situations and can move to cover court area anticipates opponents return and uses a variation of placement to disadvantage opponent closes down options plays to own strengths and away from opponents strengths | | | | |
| Footwork and movement off the shuttle (FMS) | <ul style="list-style-type: none"> positioning on court - gets into good position at the right moment body position and footwork appropriate racquet foot leads | <p style="text-align: center; border: 1px solid black; border-radius: 50%; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">1</p> | | ✓ | ✓ | | <ul style="list-style-type: none"> positioning on court - gets into good position at the right moment body position and footwork appropriate racquet foot leads fitness level allows the positive, effective and consistent use of skills demonstrates chassé movement showing good balance transition – establishing new position on court (for example, attempts to get back to base after each shot) | | | | | <ul style="list-style-type: none"> positioning on court - gets into good position at the right moment body position and footwork appropriate racquet foot leads fitness level allows the positive, effective and consistent use of skills demonstrates chassé movement showing good balance transition – establishing new position on court (for example, attempts to get back to base after each shot) explosive movement out of base to get to the shuttle quickly | | | | |

Teacher comments: **OS:** You have developed a range of your shots, and can now acknowledge when is the right time to apply them in a game situation. **TP:** Your serves have developed over the unit, but could be more accurate. **DS:** You need to anticipate your opponents return and react more quickly. A good range of shots were applied during the last game. **FMS:** Although you have started to demonstrate the skills and elements in this area, you still need to work on your body position and appropriate footwork for each shot. Think and react to which position you should be on the court throughout the entire game, and not just when serving or receiving a serve.