

Introduction

For our assessment we taught soccer to 4 students with special needs. We used the action competency learning process to help us plan. We worked through each step together as a group and learnt heaps about teaching soccer to special needs kids. Overall I think we did a really good job because the special needs students had lots of fun and were active in our lessons.

Steps taken

In the first step we identified the issue. Our issue was 4 special needs students who weren't very active so we planned a soccer programme for them to get involved in twice a week.

In the second step we developed knowledge and insight about the students we were going to be working with. We did some research about delayed development issues on the internet and we met with our students before we starting planning. We found out what they could and couldn't do and what they like doing. After talking to our group we realised that one thing they all had in common was a love of soccer.....

Next we developed a vision. Our vision was that the special needs students would develop lots more enthusiasm for sports and physical activities so that they would participate more in their own time....

...As part of this step we had to consider why the group needed our support to participate in physical activity and we came to the conclusion that society doesn't offer as many opportunities for special needs students to get involved in sports so it would be a really good thing for us to do this...

In the fourth step (understanding) we gathered, analysed and evaluated ideas. We did this by holding group meetings and brainstorming a list about all the different sports and physical activities we could offer. Even though we had pretty much already decided to do soccer with the special needs students it was important to complete this

step in order to get all our ideas on paper and think about the positives and negatives of each one...

As part of this step we also had to think about how the student might carry on with soccer after our programme with them had finished. To help with this we emailed the local soccer club to find out if they would take the students into one of their club teams. Unfortunately they didn't email us back...

Step five was the planning step and for this part we met as a group to analyse our top ideas which were soccer, t ball, basketball and touch rugby. Next to each sport we listed the barriers and enablers and this helped us confirm that soccer was the right choice...

Once we had decided on teaching soccer to the students we photocopied the lesson planning sheets and starting planning each of the 12 sessions. We used the internet to find heaps of good drills and we also filled out an equipment booking form for the teacher to save our stuff...

The last step in the action competency learning process was reflecting and evaluating. After each lesson that we taught we had to fill out a blog to record what went well and what we could do better. As part of this step we had to consider whether or not we were meeting the vision we set early on in the process and we could also use this step to think about any changes we should make for the next lesson...