

92010



Mana Tohu Mātauranga o Aotearoa  
New Zealand Qualifications Authority

## Level 1 Health Studies RAS 2023

**92010 Demonstrate understanding of personal, interpersonal, and societal factors that influence hauora**

Credits: Five

# SAMPLE ASSESSMENT

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of personal, interpersonal, and societal factors that influence hauora	Explain personal, interpersonal, and societal factors that influence hauora	Evaluate personal, interpersonal, and societal factors that influence hauora

This assessment is based on a now-expired version of the achievement standard and may not accurately reflect the content and practice of external assessments developed for 2024 onwards.

## SEXUALITY AND RELATIONSHIPS SAMPLE

Refer to the following scenarios, and use these, as well as your own knowledge about sexuality and relationships and well-being to answer questions in the sample assessment.

### MELE AND JOSEPH/NINA AND ASHLEY'S SCENARIO

#### Mele and Joseph

Fifteen-year-old Mele recently celebrated her grandparents' wedding anniversary. The entire family helped to prepare for the event (meal included) in the backyard. Mele admires her grandparents' relationship, and is heavily influenced by her family and their values. Both of her parents work fulltime and share responsibilities in the house, including cooking dinner, and spending time with Mele and her two younger brothers.

Mele has been with her boyfriend Joseph for six months, but they've known each other for many years through mutual friends. Joseph regularly visits Mele at home, and the family like him. Mele is comfortable about how the relationship is progressing and feels that she and Joseph have a good friendship. She likes that Joseph is a good listener and puts her interests first. As they have many of the same friends, Mele and Joseph always get along when they are out as part of a group.

#### Nina and Ashley

Mele has a close group of friends who hang out together during school time and at the weekends, but Mele's friend Nina has stopped hanging out with the group since she began dating Ashley. Nina was excited about the relationship to begin with, as Ashley made her feel really special by complimenting her on how she looked and taking her to the movies. As this was Nina's first real relationship, Ashley agreed to take their relationship slowly.

Lately, Ashley has made negative comments about what Nina is wearing. When this happens, Nina changes outfits. Ashley has also told Nina that her friends are boring, and that she shouldn't hang out with them, so she makes excuses as to why she can't visit Mele.

Nina looks at couples on social media and they all seem so happy together. Nina worries that if she doesn't agree with what Ashley wants then Ashley might dump her.

At Ashley's home, Dad is the head of the family. He provides for everyone, and Ashley's Mum asks him to make all the decisions for the family, such as what to cook for dinner and when the family should be home. Ashley has been learning about equality in relationships at school, but is a bit confused by how that fits in with Nina and Ashley's own relationship.

Use ideas and examples from the scenario as well as your own knowledge about sexuality, relationships, and well-being to answer the questions in this booklet.

Use the space below to identify factors from the scenario that influence teenagers' views on relationships. This will help you to answer the questions in this task.

## PLANNING

- Personal factors
- Interpersonal factors
- Societal factors

### SAMPLE TASK

(a) **Personal factors**

(i) Describe TWO personal factors that could influence Ashley and /or Nina’s views on relationships.

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(ii) How do the personal factors identified above influence Ashley’s and Nina’s hauora ?

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(b) **Interpersonal factors**

(i) Describe TWO interpersonal factors that could influence Mele and /or Joseph’s views on relationships.

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(ii) How do the interpersonal factors identified above influence Mele’s and Joseph’s hauora?

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